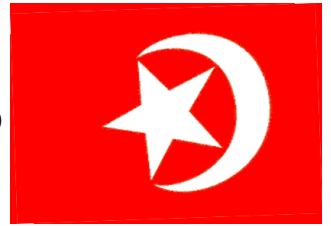


THE STAR & CRESCENT

The Online E-zine of the Nation of Islam London Study Group

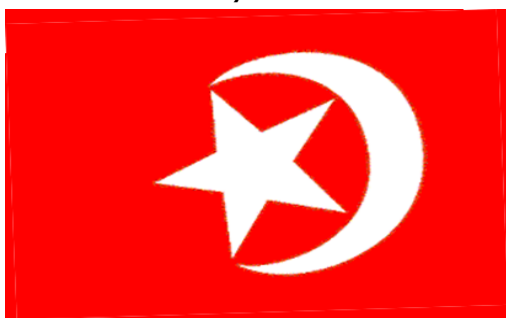


Issue 33
January 2018



In the name of Allah

The Beneficent, The Merciful.....



As salaam alaikum

Dear Reader

I pray you are well and in the best of health and spirit. Welcome to the January 2018 issue (number 33) of the Star and Crescent E-zine. The team at the Star & Crescent E-zine wish you all a prosperous New Year 2018.

The year 2017 has not been short of challenges and I thank Allah that He has blessed us all to reach to this point in time. However, after the old challenges have come and gone, new challenges eagerly await us and they are queuing up around the corner waiting to meet us. For every problem, there is a solution, especially for Black people if we would only submit to Allah. No other community has been through our experiences and survived like Black people have in the last 462 years. That makes Black people very special indeed.

Where a problem exists in one part of the Black community, the solution to that problem dwells in another part of the community. In order for the problems and solutions to meet, Black people must work closer together with each other for the betterment of our community. Only then do we stand any chance of getting through all of the problems that this world is likely to throw in our direction.

As each day passes, more people are seeing the world as it really is. A world of distraction, illusion and lies. It is a world designed to keep the Black man and woman fast asleep to the true knowledge of themselves.

Those of us who have awoken from the 6,000 year slumber and heard the wake up call given to us by the Most Honourable Elijah Muhammad, and reiterated by The Honourable Minister Louis Farrakhan, please stay awake. There is much work to do and in so little time.

There are some Black people who have yet to be awoken. However, there are some who do not wish to be woken up at all. Some have woken up, heard the message, decided its not for them and returned to sleep. There are some who have awoken and are fighting to stay awake by searching for answers to many questions.

No-one said it would be easy. While many black people are figuring out where they are in the grand scheme of things, the enemy is becoming more and more intense than before. Black unity is not any easy concept to manage, but if you have some, hold on tight and don't let go as we enter 2018.

Contents

| | |
|---|----|
| A Final Warning to US President Donald J Trump, the US Government and a final call to Black people..... | 3 |
| Message to the Blackman..... | 9 |
| Black Arts..... | 10 |
| Black History 365 | 11 |
| Why are 19,000 more Young People using Anabolic Steroids in the UK?..... | 13 |
| What the Muslims want | 14 |
| What the Muslims believe..... | 15 |



Minister Louis Farrakhan



A final warning to US President Donald J Trump, the US Government and a final call to Black people

The Honourable Minister Louis Farrakhan delivered a major message to President Donald J Trump and the US government on 16 November 2017, from the historic Watergate Hotel in Washington, DC. The following article contains excerpts from his address.

Members of the press, members of Congress, members of the activist community. I greet you all with the greeting words of peace. We say it in the Arabic language, As-Salaam Alaikum.

I want to first thank the members of the press for honouring us with your presence, and all of you who have come to hear what we have to say.

For 40 years I have laboured in this vineyard in the absence of my teacher, the Honourable Elijah Muhammad. His work among us for 40 years is unparalleled in the work of reform of the Black man and woman, bringing us from the savage state of existence that we were placed in by our former slave masters and their children. He was greatly opposed, but he was successful in making a new people out of us. He proved the efficacy of his wisdom.

He proved that the wisdom that he was taught by his Teacher is sufficient to make of the Black man and woman not only here, but in the Caribbean, in Africa and the Isles of the Pacific, a brand new restored people, after 6,000 years of living under the tyranny of White supremacy.

This is not a hate-filled message from some radical mad man, this is a message of divine love. But in that divine love of The Divine Creator there is warning, and there is guidance. God never sends prophets except that there is something awry, something wrong, and the prophet doesn't come out of hatred from God for the wrong of the people, he comes out of the mercy of God to call an errant people back to a path that would grant them divine favour, and escape the chastisement of God.

America is a great nation, but America needs to reflect on her sins. Who is bold enough, who is strong enough to say to America, "You have been wrong for a long, long time"?



The Most Honourable
Elijah Muhammad

And it is time, now, for you to actually see yourself as God sees you, not like the silly woman that looked in the mirror and said, "Mirror, mirror on the wall. Am I not the fairest of them all?" **No, you are not!** I am here from my teacher — not out of hate, but out of hope that maybe what I say to this 45th president of the United States of America might have an effect to get him off of the course that he is on.

In September of 1977, I decided to rebuild the work of Elijah Muhammad, and reprove to you who had rejected him, and to a government that persecuted him, that he had the best solution for the ever-growing toxic relationship between Black and White.

So this message is not from *Louis Farrakhan*, this message is from the Honourable Elijah Muhammad *through* Louis Farrakhan. And it is a final warning to the government and people of the United States of America. It is a final call to Black people, that you must change the way you think and the way you act — because the time has arrived for you to do better and be better, or suffer the chastisement of God until you submit your will.

It's written in the Bible — and I say this to our president. It is written that "every knee will bow, and every tongue will confess" that Jesus The Christ is Lord. I represent that Jesus, that Christ, that you have been longing for and looking for.

Mr Trump is an anomaly. He is someone that doesn't fit "the norm." You expected a man to be like the other presidents, you wanted him to be more "presidential." He is so transparent. You wanted him to put on a suit and act dignified, like the thieves and robbers that dress in suits and tell lies, you wanted him to be like that. He's telling lies, all right — and you're angry because he is your reflection. He is an anomaly. You can't make him what you desire him to be so that you can say, "Oh, that's my president." He wasn't made that way. God has him here.



US President Donald Trump

Do you think that God is not interested in who is president of the United States of America, especially when it's out of the time of evil — it's in our time now? Did you know that President Ronald Reagan said, "Any problem that America has, the solution can be found in between the two covers of the Bible"? So at the National Press Club in 1984, I presented a solution to the "Black/White Problem" from scripture, Bible and Qur'an.



Former US President Ronald Reagan

The next year, 1985. After a message at the Los Angeles Forum, I went down in Mexico and on the night of the 17th of September, in a Vision I was carried up on the top of a mountain there, in a sacred valley in Tepoztlán. There is a temple at the top made like a pyramid, but it's a monument to the Christ figure of Mesoamerica, Quetzalcóatl.

And there I was at night, in a Vision-Like Experience, and one of these UFOs came over. I had people with me in the Vision. When we got to the top of that mountain, this "wheel-like" Plane came over, three legs came down from it. I thought it's going to land on the mountain. I said to Jabril Muhammad, "Come on with me" — and a voice said, "Not them. Just you."

A beam of light came out of that Wheel, and drew me up into it and I knew it was taking me to the Mother Wheel. I want you intelligent ones, or not so intelligent, to do the research. And you'll find that every word that I am saying to you is absolutely right. When I got inside the big Wheel, there was a scroll with cursive writing on it. I was trying to read it, [then] Elijah Muhammad speaks — and the scroll rolls up.

He said "President Reagan in early September met with his Joint Chiefs of Staff to plan a war. I want you to hold a press conference in Washington DC, and make known their plans. And tell them that you got it from me, Elijah

Muhammad, on The Wheel." Then he said, "You've got one more thing to do. And when you have done it, you may come again to The Wheel, and I will let you see me face-to-face." And he dismissed me.



Ezekiel's Wheel

Before he departed from us in 1975, he said "Brother, the first scientist speaks in 'formula.' The second scientist has to break down the formula into paragraphs, and give you the message."

The "first scientist" is God Himself. He doesn't use a lot of words. He speaks in "formula," which is a mathematical expression of symbols that you have to study and deepen your understanding and then from the formula, you can express what is hidden behind the symbols. It has taken me 32 years to finally understand all that was contained in those few words. I have been among you a long time, and I have not failed in warning you of what the government of the United States of America has been planning against Black people generally, but Black youth, in particular, and the Nation of Islam.

I'm going to run through six presidents that have met with their Joint Chiefs of Staff to plan a war in the Islamic world, and to plan a war against Black people, and particularly Black youth. We're at the end of it now. The plan is genocide and to kill you all. I'm going to drop it in the president's lap, because he is the last one.



Former US Attorney General Edwin Meese

Ronald Reagan never loved us. When Reagan was the governor in California, he and Edwin Meese, who later became his attorney general were planning war games in California, and the war games were not against some "foreign enemy." The war games were against Black people. "Tricky Dick" [Richard Nixon] was earlier, but Slick

Willy [Bill Clinton]. You caught more hell under the Clinton administration — and you thought he was our “first Black president.”

Any members of Congress here, any members of the civil rights movement that are here, you love this nation. You suffered every indignity to make America better, that she might be great. And every time you forced her to make a law that was in our favour, they came right behind that law with skill and chicanery to make the law of non-effect. This started in 1876, in the Hayes-Tilden presidential election. In the Wormley Hotel, the white members of Congress made a deal. The “deal” was “if you let Rutherford B Hayes be president, we’ll take all the federal troops out of the South, and then you (whites) can go back to doing what you do.” That was called “The Great Betrayal” of the so-called American Negro in 1877.



**Former US President
Richard Nixon**

Now to the Jewish people in this hall. You weren’t there, but there was a Jewish man named [William M] Levy who was in Congress, and he sold the agreement that was made in the hotel to the members of Congress, it became policy and “Reconstruction” was over.

So you all (Jewish people) know that when you’ve got a Black man that’s not going to bow to you, then that’s trouble. Because you’ve been waiting for The Messiah — and you know that he comes to end your civilization. So when you hear a Black man talking like Farrakhan is talking, you hear the end coming — and you want to stop it, if you can shut the man’s mouth, if you can kill him.

Ronald Reagan wanted to kill Muammar Gadhafi. When I found out the war was against Gadhafi, I was in Benin, and in Ghana, and Ouagadougou in Burkina Faso. I flew to Libya. All of Gadhafi’s government was in my hotel, and I told them my Vision. Brother Gadhafi said he wanted me to speak and introduce him the next day and 80 nations of the Non-Aligned Movement were in Libya.

I stood in Tripoli and repeated that Experience on The Wheel and told Gadhafi what they were going to do. They were going to bomb the airport, destroy the water project. He listened. He got his airplanes out into the Sudan.



Former Libyan Leader Muammar Gadhafi

The next thing I knew, an American plane was shot down, and one of those fine aircraft carriers was in the Gulf of Sirte — but something happened to it. By the time I got to Saudi Arabia, it came out in the Arab news that there was “a bright object over the Mediterranean.”



Gulf of Sirte, Libya

I’ll die on what I’m telling you. I said to those with me, “The Wheel was there.” The electronic equipment on the aircraft carrier was messed up, so it had to go back to Florida. I was able to get out of Libya. I got into Saudi Arabia, and a few days later the bombs dropped on Libya. It was the greatest assassination attempt, most expensive attempt in history.

What I did not know was the war at that time was on two fronts. It was war with a Muslim country in Africa, but war on the Nation of Islam, and Islam period, in America.

When he became president, Reagan brought stuff with him into the White House. Meese came, and the war games were practiced even moreso, because they expected [urban revolts] since 1967 and 1968, when the riots broke out and Dr King was assassinated. The government of America knew that the Black youth were dangerous. Black

folk were becoming more militant, and instead of seeing that there has to be a solution, let's separate the two people. But Reagan didn't want that. [Instead] "Kill them!"

The whole threat for Nixon was the Left, the anti-war groups and all Blacks — not "some." So the plot was against Black people in general.

Do you know that there is a CIA man who said: "When the American people believe in whatever we have said, and they believe it's true, we have won." You are a misused population. So, when Mr Trump talks about "fake news," he knows what he's talking about.

Now, the press. You say you are "the fourth estate." I would say you're in a hell of a state because you can't say what you really know to be the truth unless it passes the muster of those who are your bosses. Some of the press are assets of the CIA. They have deceived the American people, so Donald J Trump is busting up the institutions of a democratic country.



Criminals in Action

In the article "The CIA: 70 Years of Organized Crime," Douglas Valentine and Lars Schall talk about the CIA, the criminal arm of the US government. These are criminals! They go into countries, kill presidents, overthrow governments, create civil war, and back away like they did nothing? They are crying about Russia's hacking into your little election, when the American government has interceded in 81 countries to fix their elections and put into power those that would be in favour of American interests?

We went from a small prison population, and the Clinton crime bill was directly against Black people. White folk could afford to smoke, or use powdered cocaine, but they fixed something in the crack cocaine, we became addicted, and they sent us to prison. Once we are called a "felon," they knew we couldn't vote anymore. They were killing us at the voting booth by putting us in prison — and it all was a plot.

Mr Trump. The consequences of America's evils over time have fallen in your lap. Do you know that we have been a problem for you ever since we've been here? You fought a civil war over what to do with us. As I said when Mr Trump was elected "the onion was being peeled back," and white civility was no more.



Former US President Bill Clinton

They're not acting by you like you think they should. They are angry, and they are killing us. And they know they have a genocidal plot against all Black America, starting with Nixon and Henry Kissinger, and "Memorandum 200." They want to cull the population of our planet by two billion people.

This is not human, this is Satanic. They have their scientists in laboratories, [coming up with ways on] how to control your mind. They are weaponizing weed and they are doing lobotomies on the Black man's brain with chemistry, biology, and electrical energy stimulation.



Former US Secretary of State Henry Kissinger

You are under assault, Black Brothers and Sisters. You can divert water into the Black community, then drop some stuff in the water. You're drinking the water, you're bathing with the water, and all of a sudden you are acting strange. Do you know that homosexuality can be produced through chemistry? Don't be mad at me. Think. You can be turned into something through chemistry and the misuse of biology.

So now, the ball is in the court of Donald J Trump. Mr Trump, you met with your Joint Chiefs of Staff in August, and in early September. You had your generals at Camp David. You were planning a war, sir. George W Bush, after 9/11, said he was going to divide the Muslims against themselves. Now a 1,400-year dispute between Shia and Sunni is about to take us into a war.



Kingdom of Saudi Arabia

President Trump went to Saudi Arabia, and called 50 Sunni nations, through the king in Saudi Arabia and instead of inviting Muslims to sit with Muslims to find out what is the point of contention, and bringing peace about, he had those Sunni nations — and aimed their anger against Tehran [Iran], and the Shia nations. Just recently you sent much weaponry into the Middle East. You didn't "send" them, you had urged them to buy them. A war is brewing.

Mr President, you're going to have to deal with the thought that's in your mind that will destroy America and her future because once the trigger of war is pulled, it will escalate. I'm going to tell you what my teacher told me. You have planned a war. The war that you have planned, you and your generals, is in the Middle East — you want to use the Sunni, at the prodding of Israel, to attack Iran.



The Islamic Republic of Iran

You are looking for a softer target, and you think that's Iran. **Wrong.** I want to say this to the Muslim world. See, you are so blinded, that you think with America's backing you can win. **Wrong.** You are Muslim. If you've got the backing of Allah, you can win — but you don't have that backing, not as an aggressor.

Israel. You are making America lose big time. You don't want me to say how much control AIPAC has over the US government. And I know the press is here — you can't even say it, except you say something ugly so that your editors will give you leave. But Brothers and Sisters, let me tell you. You're going to be set free. Because that kind of cowardly news person, who knows the truth and [is] afraid to tell it. If you love this country, you will tell the truth to change America, for she is going down, and fast.

Mr President. You won't make America "great again" — not in our time. She became great killing Native Americans. She became great enslaving us, bringing us from Africa into America to work the cotton fields. You're not going to get that opportunity back anymore. We made America rich and strong.

To the government. You're not coming into the Black community looking for "Black Identity Extremists," and not looking for me. You're not coming looking for "separatists," and saying you're not looking for me and the Nation of Islam. Muslims, do you know that we are the only thing that stands in between their wicked plan of the demasculinization of the Black Man?

Now those of you who are in love with Jesus Christ, I want you to know that a Black man from Georgia was raised from a dead state. Elijah Muhammad. And you tried to kill him, and you thought you had succeeded. That's why when I was taken up on The Wheel, he said: "Make known to them their plans, and tell them you got it from me, Elijah Muhammad, on The Wheel." What was he asking me — pardon me, ordering me to tell you that for? So you would know that he escaped your plot to kill him. He is alive. He is in power.

I want to introduce you to Jesus the Christ. That man is on The Wheel with his Teacher. He's been up there now for 42 years. He said that God studied 42 years to deliver us from the hands of our tormentors.

President Trump the ball is in your court now. "Well, what do you have for me to do?" I think you should repent for all the evil that America has done to us, to the peoples of the world. Like it was in Nineveh. The only city that ever was saved in the Bible from the judgement of God was because Jonah, a faithful prophet, warned them — and they had the heart to repent and Nineveh lived for 300 more years.

Now, I have delivered a message, and a warning, Mr Trump because I don't have an armada — I come to you, no army, no navy. These Brothers that are around me, they don't carry any weapons. We are forbidden to carry weapons, we are forbidden to store weapons in our home.

So if you want to kill us, we are here: I'm not running from you, I'm running to you. Because I had "one more thing to do," and then I earn a first-class ticket to The Wheel.

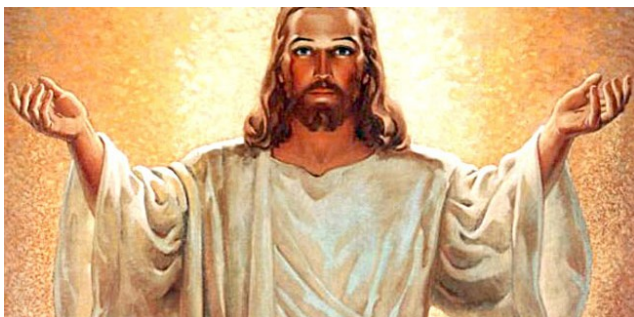
I will get away. You are not going to kill me. He told me in a cryptic sentence, he said, "Brother, if Allah can't save me, that's a sign that He can't save you." I went to a funeral that was supposed to have been his [Elijah Muhammad]. I saw a body that was supposed to have been his. I kissed the forehead of that body, and I believed that my teacher was dead. But if he was "dead," all the things that he taught me wouldn't make any sense because he gave me so much to do, that I couldn't do it if he were not alive to guide me in the doing of it.

I have been among you now 40 years — and I have not wavered one time. And they have not been able to make me bow down. Neither have you, my Black Brother and Sister. I have fought for you, and I ask you for nothing. So, Mr. Trump has a decision to make.

“Well, what do you want?” Some of this earth that we can call our own. How much do you owe us? Have you ever added it up? In today’s dollars, it’s trillions that you owe us. So just like you pushed the Palestinians out to give the Jews a homeland, and we are the real ones, push some of your own people out and we’ll take eight states.

Let me tell you something: If you don’t give justice to us, you will lose everything you’ve got, including your life, because God, now, said He is ready to fight you for our deliverance. And he told me to tell you, ‘You don’t have no “fight” against The Forces of Nature.’

What you’re seeing isn’t “global warming,” it’s The Judgment of God. I am here to tell you that I come to you — but I’ve got backup. The Christ told me to tell you He is in power. And The God has turned over all power into the hand of that one you call “The Son.” I’m telling you who “The Son” is.



The false image of Jesus

The white fella that you’ve got on the wall is not God’s son. “Well, we don’t know your man is the son!” Well, stick around. You haven’t gotten anything from your white fella — let me show you a Black one that can give you salvation.

How do you know he can give you salvation? I am your example. He made me! He opened my eyes, and now I’m opening yours. He opened my ears, and now I’m opening yours. He took the knot out of my tongue, and now I’m taking the knot out of yours. When I couldn’t walk, and needed a cane, he said: “Pick up your bed, Black man, and walk” — and we’ve been walking ever since. So don’t tell me that Jesus is not present. He is present in me! He is present in you, if you believe in him!

So all you white people that love Jesus, come follow a Black man. And if “race” is killing you, then you will die from the hand of **The Living Christ**. In the Bible, it said when that last *trump* is sounded — “trump” — it said then that “the trumpet,” that’s your brother; and then “we all will be changed from corruption into incorruptible.”

See, you can’t buy us. We are incorruptible. We have been changed from “mortal” into that which is immortal, not that we can live forever, but what we are a part of will never ever be removed from the Earth. You can’t say that about yourself, white folk. If you come this way, there is absolution for you. You bow down and submit? There is absolution for you.

“You can’t prove that!” I’ll tell you what: Watch how The God will give a “punctuation” to what I said to you, from

Him, today. So if you keep going the way you’re going, it’s over.

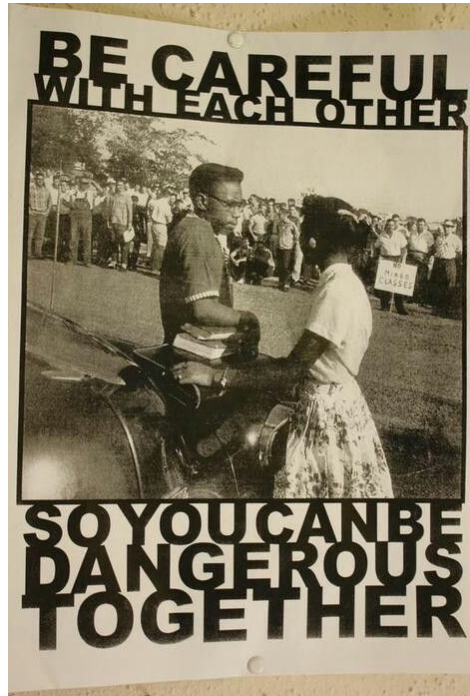
May Allah bless you all. As-Salaam Alaikum.

Source: <http://www.finalcall.com>

Pictures: <http://www.semana.com> <http://www.aberfoylesecurity.com>

<https://web.uri.edu> <https://www.worthynews.com>

<http://www.dnaneews.com.pk>



Message to the Blackman



The Principles of Islam

The number one principle of Islam is a belief in Allah (God); a belief in the power higher than man. Although man may be ignorant of just who it is who has such supreme power, it can be traced back to the beginning of the civilisation of the human race and to the beginning of the writing of history.

Regardless of tribes and national gods, there still exists a belief in a greater God that was more powerful than their national gods or those who were moulded by their own hands out of clay, wood, iron, silver, gold and stone. Some of these gods were the leaders of their tribes or people. There were fire gods and birds, animals, snakes, beasts and even trees were worshipped as God.

The God in Islam is not a national or tribal god, but as the Holy Qur'an describes Him in the opening words, "He is the Lord of the Worlds." This conception of God is best, since man's belief is by nature, that there must exist somewhere in the universe one who has and can exercise greater power than can he or the object that he is bowing to as his god.

The Islam God is One of Whom there is no equal! One to Whom whatsoever is in the heavens and whatsoever is in the earth submits willingly or unwillingly. He is the Lord of the Creation of the Universe, and since He has no equal, He demands universal recognition and complete submission to His will.

All religions, directly and indirectly, recognise and preach the Oneness of God. The conception of a Divine Supreme Being is accepted by all intelligent human beings – even savages recognise a power that is supreme. Islam rejects the belief in the plurality of persons in the Godhead. **Say, "He Allah is one, Allah is He of Whom nothing is independent but upon Whom we all depend. He begets not, nor is He begotten and there is none like Him."** (Holy Qur'an 114: 1-4)

In another place it reads: **"And my mercy encompasses all things"** (Holy Qur'an 7:156). Muhammad Ali says: "The great Apostle of the unity of God could not conceive of a God who was not the author of all that existed. Such detraction from His power and knowledge would have given a death blow to the very loftiness and sublimity of the conception of the Divine Supreme Being." But, until today,

the true knowledge of the One, Divine Supreme Being, is known only to a few. We are daily coming into the knowledge of this One God. There are some people who think that God is something that cannot be seen or felt. A belief in God is the first principle of Islam.

Islam, Only True Religion of God

Say: "He, Allah, is one. Allah is He on whom all depend. He begets not, nor is He begotten and none is like Him" (Holy Qur'an 114: 1-4)

A muslim is one who believes in One God. It is forbidden by Allah (God) for us to believe in or serve anyone other than Himself as a god. He warns us not to set up an equal with Him, as He was the One in the beginning from whom everything had its beginning and will be the One God from which everything will end. He is independent, having no need of anyone's help, but on the other hand, upon Him we all depend. It is the highest of ignorance for us to choose a God or attempt to make something as an equal to Him.

Foolish people all over the earth have been for the past 6,000 years, and still are, trying to make an equal to Allah (God). He has no beginning, nor is there any end of Him. How, O foolish man, can you make an equal for such a One? How foolish we make ourselves, serving and worshipping gods other than the One God, Allah.

The foolish become rich and highly educated in their way and not the way of Allah and then begin making and worshipping gods of their own, the work of their own hands – then comes the end of them as it is of today.

It is the fundamental principle of the religion of Islam to believe in Allah, the One God. According to the belief, the teachings and the preachings of the prophets of Allah is of One God. Noah, Abraham, Moses and Jesus – all believed in One God (Allah). The Christians claim a belief in the above named prophets – then how do they make Jesus the equal of Allah (God)?

The Bible says, and God spoke all these words saying: **"I am the Lord, thy God, thou shalt have no other gods before Me. Thou shalt not make unto thee any graven image, or any likeness of anything that is in the heavens above, or that is in the earth beneath, or that is in the waters under the earth; thou shalt not bow down thyself to them, nor serve them, for I, the Lord Thy God, am a jealous God."**

Both Jews and Christians are guilty of setting up rivals to Allah (God). Adam and Eve accepted the guidance of the serpent instead of that of Allah (Gen. 3:6). They made a golden calf and took it for their god and bowed down to it. (Exod. 34:2). This was the work of their own hands to guide them and fight their wars. The Christians have made imaginary pictures and statues of wood, silver and gold – calling them pictures and statues of God.

They bow down to pictures and statues alleged to be of Jesus, His mother, and his disciples as though they could see and hear them. They (the christians) claim sonship to Allah (God) and take the Son to be equal to the Father, though they say "that they killed the Son." Today they take the weapon of war for their gods and put their trust in the work of their own hands.

Muhammad took hold of the best, the belief in one God (Allah), and was successful. Fourteen hundred years after him, we are successful, that is, we who will not set up another god with Allah. The fools who refuse to believe in Allah alone as the One God, if asked who made heaven and earth, most surely would say God and would not say God, the Son and Holy Ghost. Then why do they not serve and obey Allah (God)?

It is a perfect insult to Allah (God) who made heaven and earth and makes the earth to produce everything for our service and even the sun, moon and stars – they serve our needs – for us to bow down and worship anything other than Allah as a god. The Great Mahdi, Allah in person, who is in our midst today, will put a stop once and forever to the serving and worshipping of other gods beside Himself.

It is the devil's way of bringing the people (the so-called Negroes) of Allah (God) in opposition to Him by teaching the people to believe and do just the thing that god forbids. Muhammad did not try making a likeness of God, nor have his followers done that. He and his followers obey the law of (the one God) Allah, while the Jews and the Christians preach it and do otherwise.

We are now being brought face to face with Allah (God) for a showdown between Him and that which we have served as God besides Him. The lost and found nation of the Asiatic nation are especially warned in the 112 th chapter of the Holy Qur'an against the worship of any other God than Allah, for it is Allah in person who has found them among the worshippers of gods other than Allah.

Message to the Blackman in America
By the Honourable Elijah Muhammad

**WE ARE THE
 UNORGANIZED TRUTH,
 FIGHTING AN
 ORGANIZED LIE.**

**WHAT IF I TOLD YOU
 INTEGRATION WAS ONE OF THE
 MOST DETRIMENTAL EVENTS
 TO THE BLACK COMMUNITY.**

**BLACK ENTREPRENEURSHIP DECREASED
 BLACK UNEMPLOYMENT INCREASED
 BLACK MARRIAGE DECREASED
 SINGLE PARENT HOMES INCREASED**

@BlackAndUnited

They didn't integrate us to give us equality, they integrated us because we did far better than expected without them.

Black Arts



**Humble enough to know I'm
 not better than anybody and
 wise enough to know that
 I'm different from the rest.**

@iHearts143Quotes ■ INSTAGRAM

Black History 365

1 January – Kwanzaa ends.



The Liberator newspaper

2 January 1831 – William Lloyd Garrison begins publishing 'The Liberator' abolitionist newspaper in Boston Massachusetts.

2 January 1965 – Dr Martin Luther King Jr calls for non-violent protests if Alabama Blacks are not allowed to register and vote.

4 January 1901 – CLR James, author and historian, born.

4 January 1971 - Congressional Black Caucus formed.

5 January 1943 - George Washington Carver, agricultural scientist, died.

7 January 1890 - William B Purvis patents the fountain pen.



Lewis Hamilton

7 January 1985 – Lewis Hamilton, three times Formula 1 motor racing champion, born.

8 January 1811 - Charles Deslandes leads slave revolt in Louisiana.

9 January 1866 – Fisk University is founded in Nashville.

10 January 1864 – George Washington Carver, agricultural scientist, born.

11 January 1985 - Reuben V Anderson, first Black American to be appointed to Mississippi Supreme Court.

12 January 1890 – Mordecai Johnson, educator, born.



Hitsville, Tamla Motown recording studio

12 January 1959 – Tamla Motown Records founded in Detroit, Michigan.

13 January 1990 - L Douglas Wilder is the first Black American US governor (Virginia) since Reconstruction.

14 January 1975 - William T Coleman named US Secretary of Transportation.

15 January 1908 - Alpha Kappa Alpha, first African American sorority, is founded at Howard University.

16 January 1978 - NASA names Black astronauts: Major Frederick D Gregory, Major Guion S Bluford, and Dr Ronald McNair.



Paul Cuffee

17 January 1759 – Paul Cuffee, merchant shipbuilder and Black nationalist, born.

17 January 1931 – James Earl Jones, actor (Roots and the original voice of Darth Vader in Star Wars), born.

17 January 1942 – Three-time heavyweight boxing champion Muhammad Ali, born.

17 January 1958 – Janet Kay (Lovers Rock singer), born.



Michelle Obama

17 January 1964 – Michelle Obama, former First Lady of the USA, born.

17 January 1966 – Shabba Ranks, reggae artist, singer, born.

18 January 1856 – Dr Daniel Hale Williams, pioneer heart surgeon, born.

19 January 1969 - UCLA renames its social science buildings to honour alumnus Ralph Bunche.

20 January 1977 - Patricia Roberts Harris is US Secretary of Housing and Urban Development, the first black woman to hold a Cabinet position.

21 January 1936 - Former US Congressman Barbara Jordan, born.

22 January 1949 - James Robert Gladden is the first Black American certified in orthopedic surgery.

23 January 1891 – Dr Daniel Hale Williams founds Provident Hospital in Chicago, one of the first schools of nursing for black students in the US.

24 January 1885 – Martin Delaney, ethnologist, died.

25 January 1851 – Sojourner Truth addresses the first Black Women's Rights Convention in Akron, Ohio.

26 January 1935 – Ivan van Sertima, author and historian, born.

26 January 1954 - Dr Theodore K Lawless, dermatologist, awarded the Springarn Medal for his research in skin-related diseases.

27 January 1961 – Leontyne Price makes her Metropolitan Opera debut.

28 January 1787 - Free Africa Society organized in Philadelphia.

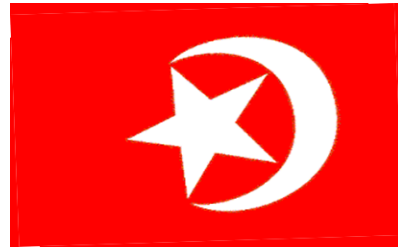
29 January 1926 - Violette Nealy Anderson is the first Black woman lawyer to argue a case before the US Supreme Court.

30 January 1979 – Franklin Thomas named president of Ford Foundation.

31 January 1986 – August Wilson's Fences, starring James Earl Jones, opens at Chicago's Goodman Theatre.

Source: <http://www.theblackmarket.com>

Pictures: <https://www.revolvy.com> <http://fotografia.folha.uol.com.br>
<http://milhomme.blogspot.co.uk> <http://www.skysports.com>
<http://calvinlionel.com> <http://www.nydailynews.com>



Nation of Islam

London Study Group (LSG) meetings

Every week Brothers and Sisters of the Nation of Islam meet and engage in a course of study prepared by Minister Louis Farrakhan called 'Self Improvement – The Basis for Community Development.'

Brothers and Sisters are invited to join our Sunday meetings held at the following venue: -

The Vale Community Centre
Pentland Road
Kilburn
London NW6 5RT
Every Sunday 4pm to 6pm

For further information about the Nation of Islam London Study Group meetings contact:

07584 976969

Email: londonstudygroup19@gmail.com

Website: www.londonstudygroup19.org

YouTube channel:

[The Nation of Islam London Study Group](#)





Why are 19,000 more Young People using Anabolic Steroids in the UK?

In a recently released report from the Office of National Statistics (ONS), it was revealed that the number of young people in the UK using anabolic steroids has significantly increased, and that there are four times as many people using the drug now as there was last year.

According to the UK Home Office's report from 27 July 2017, 'Drug misuse: findings from 2016 to 2017 CSEW,' anabolic steroid use in 16 to 24 year olds has increased from 0.1 % in 2015/16 to 0.4 % in 2016/17 – meaning **an estimated 19,000 more young adults** in the UK are taking anabolic steroids this year compared to last. The report also notes that this is a reversal of the trend between 2014/15 and 2015/6, when there was a significant fall in steroid use from 0.5 % to 0.1 %.

So why have Britain's young people suddenly upped their consumption of this class C drug? Given the alarmingly long list of negative side effects, from hair loss to reduced sperm count to increased risk of heart attacks, it's hard to imagine why anyone would choose to take such a damaging drug.



Why do people take steroids?

The survey for 2017 indicates a significant rise in the number of 16 to 24 year olds taking anabolic steroids. The obvious answer to the question why, is that people want to appear physically larger and fitter. But this just raises

another question – why do today's young people feel this pressure to conform to a stereotypical ideal of fitness?

At the time of writing, there are 46,180,697 posts on Instagram with the tag #fitspo. If you search for the ways the 'fitspo' movement can be harmful, the majority of articles that first come up discuss how it can be damaging to women. And this is true – there's an incredible pressure on young women especially on conforming to a patriarchal ideal of beauty and fitness. However less discussed is the idea that the perpetuation of toxic masculinity within fitness culture is harmful to young men as well.

An unhealthy perception of what it means to be 'masculine' or 'fit' contributes greatly to the reason why people continue to use steroids, even if they are experiencing the harmful side effects. The NHS suggests that adolescent boys may misuse the drug due to suffering from body dysmorphia, a disorder which means the sufferer believes their body is different to the way it actually looks. They believe that the use of anabolic steroids will help them achieve a desired level of fitness, when in reality, the drugs are extremely detrimental to your health.

As Ian Hamilton, a lecturer in addiction at the University of York, told the Telegraph, the changing concept of masculinity is mostly to blame for this increase in steroid use in young people.

"In some ways young men have been catching up with young women over the last few years, they are more sensitive and vigilant about how they should look and this is becoming more acute. I think it is to do with appearance and masculinity, and the messages we absorb through social media."

With the rise of social media and the ease of spreading 'fitspo' trends and images, it's very easy to cultivate your feeds and exist in a 'bubble' which defines fitness and health as one specific thing. As with the dangers of 'thinspo' and pro-eating disorder blogs, the 'fitspo' online space can be an echo chamber for dangerous ideas and promote harmful behaviors in the name of achieving a certain look.

And it's not just social media to blame – many have attributed the popularity of reality TV shows such as Love Island to the rise in this fixed ideal of masculinity. Indeed, when male Love Island contestants are described as a "gym-obsessed Ken doll", "footie fitty", "prize-winning muscle man", "gym-loving daddy" or "athletic Adonis", there's no doubt as to what kind of physical shape and lifestyle these shows glorify.

With little to challenge these views in the words of mainstream and social media, it's easy to understand how this could lead young people to push themselves beyond what is healthy – and when that's still not enough, they turn to performance enhancing drugs.

The physical and mental effects

The 'selling point' of anabolic steroids is that they increase muscle mass and decrease fat – though the list of much less desirable side effects is both extensive and alarming.

As well as leading to potentially dangerous medical conditions in men, such as high blood pressure or heart attacks, they can also reduce sperm count, cause erectile dysfunction, severe acne, and stomach pain. In women, usage can cause facial hair growth, swelling of the clitoris, issues with your period, and hair loss. And in both sexes, anabolic steroids can cause heart attacks, strokes, blood clots and fluid retention.

And those are just the physical side effects. Abuse of this substance can also lead to an increase in aggressive behaviour, mood swings, manic behaviour, stunted growth in adolescents, hallucinations, and delusions. Like many other substances, anabolic steroids are addictive, and withdrawal symptoms commonly include depression and anxiety, insomnia, fatigue, and muscle or joint pain.

In addition to all this, there's also the implications of sharing needles. Anabolic steroids are often injected, and the same effects associated with recreational drugs use are also at risk here, such as damage to veins, hepatitis B or C infection, and even HIV transmission.

The law

Steroids are a class C, which can only be sold with a prescription by a pharmacist. While it is not illegal to possess anabolic steroids for personal use, it is illegal to possess, import or export anabolic steroids if supplying or selling them – including giving them out to friends. The penalty is an unlimited fine or even a prison sentence. In professional sport organisations, most ban anabolic steroid use, and test competitors for the substance.

Challenging harmful behaviours and ideas

As with many harmful behaviours, the majority of people partaking in them are fully aware of both the medical and legal consequences involved. So whilst educating young people (as early as possible) on the effects of anabolic steroids and other performance enhancing drugs is important, what is more pressing is the need to challenge the ideologies that lead to this kind of behaviour.

Perpetuating a single idea of what masculinity looks like is no better than splashing images of the perfect female body across advertisements, television shows and social media. While the body positive movement has begun to loudly oppose the patriarchal ideal of feminine beauty, it's vital that the equally patriarchal ideal of masculine fitness is also challenged. Young men are just as likely as young women to turn to harmful lifestyles in order to achieve what they have been taught makes them desirable, as is evident in the alarming rise of steroid use in the UK.

Unfortunately, there are messages everywhere telling you what you should and shouldn't look like, whatever gender you are. It's essential that we speak out louder against these voices, to protect ourselves and the people around us.

Source: <http://www.thenopebook.com>

Pictures: <http://www.dailymail.co.uk>



The Honourable Elijah Muhammad

What the Muslims want

- 1. We want** freedom. We want a full and complete freedom.
- 2. We want** justice. Equal justice under the law. We want justice applied equally to all, regardless of creed or class or colour.
- 3. We want** equality of opportunity. We want equal membership in society with the best in civilized society.
- 4. We want** our people in America whose parents or grandparents were descendants from slaves, to be allowed to establish a separate state or territory of their own—either on this continent or elsewhere. We believe that our former slave masters are obligated to provide such land and that the area must be fertile and mineral rich. We believe that our former slave masters are obligated to maintain and supply our needs in this separate territory for the next 20 to 25 years – until we are able to produce and supply our own needs. Since we cannot get along with them in peace and equality, after giving them 400 years of our sweat and blood and receiving in return some of the worst treatment human beings have ever experienced, we believe our contributions to this land and the suffering forced upon us by white America, justifies our demand for complete separation in a state or territory of our own.
- 5. We want** freedom for all Believers of Islam now held in federal prisons. We want freedom for all Black men and women now under death sentence in innumerable prisons in the North as well as the South. We want every Black man and woman to have the freedom to accept or reject being separated from the slave master's children and establish a land of their own. We know that the above plan for the solution of the Black and white conflict is the best and only answer to the problem between two people.
- 6. We want** an immediate end to the police brutality and mob attacks against the so-called Negro throughout the United States. We believe that the Federal government should intercede to see that Black men and women tried in white courts receive justice in accordance with the laws of the land—or allow us to build a new nation for ourselves, dedicated to justice, freedom and liberty.
- 7.** As long as we are not allowed to establish a state or territory of our own, we demand not only equal justice under the laws of the United States, but equal employment opportunities—**NOW!** We do not believe that after 400 years

of free or nearly free labour, sweat and blood, which has helped America become rich and powerful, so many thousands of Black people should have to subsist on relief or charity or live in poor houses.

8. We want the government of the United States to exempt our people from ALL taxation as long as we are deprived of equal justice under the laws of the land.

9. We want equal education—but separate schools up to 16 for boys and 18 for girls on the condition that the girls be sent to women's colleges and universities. We want all Black children educated, taught and trained by their own teachers. Under such schooling system we believe we will make a better nation of people. The United States government should provide, free, all necessary text books and equipment, schools and college buildings. The Muslim teachers shall be left free to teach and train their people in the way of righteousness, decency and self respect.

10. We believe that intermarriage or race mixing should be prohibited. We want the religion of Islam taught without hindrance or suppression.



Master W Fard Muhammad

What The Muslims Believe

1. WE BELIEVE In the One God whose proper Name is Allah.

2. WE BELIEVE in the Holy Qur'an and in the Scriptures of all the Prophets of God.

3. WE BELIEVE in the truth of the Bible, but we believe that it has been tampered with and must be reinterpreted so that mankind will not be snared by the falsehoods that have been added to it.

4. WE BELIEVE in Allah's Prophets and the Scriptures they brought to the people.

5. WE BELIEVE in the the resurrection of the dead—not in physical resurrection—but in mental resurrection. We believe that the so-called Negroes are most in need of mental resurrection; therefore they will be resurrected first. Furthermore, we believe we are the people of God's choice, as it has been written, that God would choose the rejected and the despised. We can find no other persons fitting this description in these last days more that the so-called Negroes in America. We believe in the resurrection of the righteous.

6. WE BELIEVE in the judgment; we believe this first judgment will take place as God revealed, in America...

7. WE BELIEVE this is the time in history for the separation of the so-called Negroes and the so-called white Americans. We believe the Black man should be freed in name as well as in fact. By this we mean that he should be freed from the names imposed upon him by his former slave masters. Names which identified him as being the slave master's slave. We believe that if we are free indeed, we should go in our own people's names—the Black people of the Earth.

8. WE BELIEVE in justice for all, whether in God or not; we believe as others, that we are due equal justice as human beings. We believe in equality—as a nation—of equals. We do not believe that we are equal with our slave masters in the status of "freed slaves." We recognize and respect American citizens as independent peoples and we respect their laws which govern this nation.

9. WE BELIEVE that the offer of integration is hypocritical and is made by those who are trying to deceive the Black peoples into believing that their 400-year-old open enemies of freedom, justice and equality are, all of a sudden, their "friends." Furthermore, we believe that such deception is intended to prevent Black people from realizing that the time in history has arrived for the separation from the whites of this nation. If the white people are truthful about their professed friendship toward the so-called Negro, they can prove it by dividing up America with their slaves. We do not believe that America will ever be able to furnish enough jobs for her own millions of unemployed, in addition to jobs for the 20,000,000 black people as well.

10. WE BELIEVE that we who declare ourselves to be righteous Muslims, should not participate in wars which take the lives of humans. We do not believe this nation should force us to take part in such wars, for we have nothing to gain from it unless America agrees to give us the necessary territory wherein we may have something to fight for.

11. WE BELIEVE our women should be respected and protected as the women of other nationalities are respected and protected.

12. WE BELIEVE that Allah (God) appeared in the Person of Master W Fard Muhammad, July, 1930; the long-awaited "Messiah" of the Christians and the "Mahdi" of the Muslims. We believe further and lastly that Allah is God and besides **HIM** there is no god and He will bring about a universal government of peace wherein we all can live in peace together. **Source:** <http://www.noi.org>

Disclaimer: The Nation of Islam London Study Group does not claim credit for any images featured on this site, unless otherwise noted. Usually we try to give credit where we can. All visual content, copy and images is copyright to its respectful owners. We are neither responsible, nor have we control on content of any external website links Information on this site can contain errors or inaccuracies although we try all in our power to avoid this. If you own rights to any images and articles and do not wish them to appear here, please do not hesitate to contact us for direct removal.